

# Leadership Lab Workshop Schedule

These 30-minute sessions offer tips to help you learn, apply and grow your leadership skills.

Open to management undergraduates only. Prior registration required.

## Workshop Menu

- **Conquer the course:** Reverse engineer success
- **Goal setting:** Strategies for goal getters
- **Study groups:** Unlock the power of learning together
- **Study strategies:** Don't cram to ace the exam
- **Time management:** Focus on your priorities
- **Procrastination:** Break the cycle

SIGN-UP



Date	Start Time	Workshop
Monday, Jan. 26	2 p.m.	Time management
Tuesday, Jan. 27	1:30 p.m.	Goal setting
Thursday, Jan. 29	10:30 a.m.	Study strategies
Monday, Feb. 2	1:30 p.m.	Study groups
Thursday, Feb. 5	11 a.m.	Study strategies
Monday, Feb. 9	2 p.m.	Procrastination
Tuesday, Feb. 10	10:30 a.m.	Study strategies
Friday, Feb. 13	2:30 p.m.	Conquer the course
Monday, Feb. 16	1 p.m.	Time management
Wednesday, Feb. 18	11 a.m.	Goal setting
Monday, March 2	1:30 p.m.	Procrastination
Tuesday, March 3	2:30 p.m.	Study groups
Wednesday, March 4	11 a.m.	Time management
Tuesday, March 10	1 p.m.	Study strategies
Thursday, March 12	10 a.m.	Procrastination
Tuesday, March 24	11 a.m.	Study groups
Wednesday, March 25	1:30 p.m.	Study strategies
Thursday, March 26	11:30 a.m.	Study strategies

## Earn Your Digital Badge



- Attend three of four Leadership Lab workshops during the fall or spring semester. Attending a *Lunch with Leader* also qualifies as one activity toward this badge.
- Complete the short reflection after each event and final reflection
- Earn your digital badge and add it to your LinkedIn profile; demonstrate your commitment to personal and professional development.

Schedule an appointment via UB Navigate and select *Management Student Support* for specific Leadership Lab workshop availabilities